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# Position: Contest Coach

## Objective: To provide training and guidance to an individual or team in the development of skills necessary to enter a 4-H contest. To expand the number of 4-H members competing in various contests 4-H hosts.

## Duties and Responsibilities:

* Select 4-H contest(s) in which leader has an interest.
* Set dates, times and location for coaching sessions based on leader’s calendar.
* Plan and conduct knowledge and skill building sessions, which may include hands-on lessons, field trips, service learning projects, demonstrations, games, fun activity, etc.
* Be familiar with local, county, district & state events & activities supporting contest.
* Keep contest individuals or teams and families informed of upcoming contests.
* Record and report knowledge and skill building sessions participation on forms provided.
* Serve as liaison between contestants and Extension staff.
* Recruit, encourage and enlist additional leaders, both teen and adult, when needed.
* Promote 4-H within the community.
* Request coaching help or other assistance as needed.
* Plan and judge a local contest to determine regional or state level qualification when necessary.
* Model the Six Pillars of character, trustworthiness, respect, responsibility, fairness, caring and citizenship.

## Resources:

* Extension Staff, youth development agents, and meeting space when available.
* Leader trainings one-on-one or group training conferences.
* University of Tennessee and Tennessee State University publications, including 4-H specialists and staff.
* Super Enrollment database for maintaining addresses and record of participation.
* Provide leader liability coverage for certified volunteers. All volunteers must be certified.

## Time Commitment:

* Flexible, with a minimum of three sessions planned for 1 or more hours each.
* Preparation time, also flexible as determined by session plans, training needed, and knowledge of subject.
* Coaches will serve for one year with the understanding that if local leaders and extension staff agree, he/she may continue serving in this position.

## Additional Requirements

* All volunteers with youth in Overton County must become Level 3 UTIA (University of Tennessee Institute of Agriculture) certified volunteers:
  + Complete Sections 1, 2, 3 (Pages 1 and 2), 4, and 5 of our application.
  + View Online Orientation Module.
  + Participate in a Child Protection Training every 2 years.
  + Sign the Tennessee Law on Mandatory Reporting of Child Abuse.
  + Receive any additional training as needed.

## Contest Types:

**Grill-Master Challenge**

Description**:**  For this contest, you will promote the use of meat products in the diet by teaching the art and science of preparing beef, lamb, pork, and poultry using a charcoal grill. Contestants can enter as individuals or teams of four. Scoring will be on the following areas: Food Safety, Fire Safety, Grilling Skills, Meat & Recipe Preparation, Flavor, Juiciness/Tenderness/Texture, and Attractiveness and Overall Acceptability of Final Product.

Grades: 6th-11th

Recommended Time Dedication: 4 Months 1-2 sessions/month or 2 Months with sessions held weekly

State Contest Time of Year - August

**Photography Contest**

Description**:**  For this contest, you will guide youth on camera types and features, technique, balance, and settings to produce photos for local and state contests. Youth photos should relate to 4-H involvement and entries can be a single photo or series (up to four photos). Photos will be scored on subject, print quality, communication, impact, and composition.

Grades: 6th-12th

Recommended Time Dedication: 3 Months 1-2 sessions/month or 1-day camp with follow up time for photo review/feedback and local contest

State Contest Time of Year - June